

## H&I- Hospitals and Institutions

*"Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail."*

*~Alcoholics Anonymous, page 89*

### What we do:

H&I coordinates AA members bringing AA meetings into local hospitals and institutions. The AA members carry the message into the facilities and share their experience, strength and hope. It is important to share the pain we once felt and the joy in recovery we now feel.

### When and where we take meeting in:

<u>Sundays</u>	Raleigh Rescue Mission 7 pm	<u>Fridays</u>	**Holly Hill (PHP) 12 noon
<u>Mondays</u>	*Holly Hill 3 pm		*Holly Hill 3 pm
	Wakebrook 7 pm		Wakebrook 7 pm
<u>Tuesdays</u>	*Holly Hill 8 pm		*Holly Hill 8 pm
<u>Wednesdays</u>	*Holly Hill 8 pm	<u>Saturdays</u>	Wakebrook 3 pm
<u>Thursdays</u>	*Holly Hill 3pm		*Holly Hill 3 pm
			*Holly Hill 8 pm

\*All Holly Hill Hospital meetings- limited to total of 5 people. Must have 30 days or more of sobriety.

\*\*Holly Hill PHP (Partial Hospital Program) is a speaker meeting (can be more than one speaker) and is across Falstaff Rd. from the main Holly Hill Hospital- address is 3020 Falstaff Rd. Limit of 9 people.

### A few suggestions when taking a meeting into a facility:

1. **DO-** Abide carefully by all the rules of the facility. AA members are guests of the facility.
2. **DO-** Limit yourself to carrying your own honest message of alcoholism recovery.

**DON'T-** Do not talk about medication, psychiatry or scientific theories of alcoholism. This is territory for professionals. Our own personal spiritual life does not make us experts on religion.

3. **DO-** Remember that you are AA to people in that facility. Your language, appearance, manners and mood all affect other people's opinions of our Fellowship. Your behavior can make sure AA is always welcome.

**DON'T-** Do not give agency personnel or patients any reason to be unhappy about AA.

4. **DO-** Always maintain a cheerful humility about how AA works.

**DON'T-** Do not brag about AA. Let results speak for us.

*~Taken from AA in Treatment Setting pamphlet*

### H&I Co-chairs contact information:

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