

H&I Hospitals and Institutions

“Practical experience shows that nothing will so much insure immunity from drinking as intensive work with other alcoholics. It works when other activities fail.”

~Alcoholics Anonymous, page 89

What We Do

H&I coordinates AA members bringing meetings into local hospitals and institutions. The AA members carry the message into the facilities and share their experience, strength and hope. It is important to share the pain we once felt and the joy we now feel.

When and Where We take Meetings

Wakebrook Adiction Detox Unit (ADU) 107 Sunnybrook Rd., Raleigh 984-974-4800	Monday and Friday at 7 pm
Wakebrook Facility Based Crisis Unit (FBC) 107 Sunnybrook Rd., Raleigh 984-974-4800	Saturday at 3 pm
Holly Hill Main Campus 3019 Fallstaff Rd., Raleigh 919-250-7000	Wednesday and Friday at 8 pm
Holly Hill South Campus 221 Michael J Smith Ln. Raleigh 919-250-7600	Tuesday, Wednesday, and Thursday at 8 pm
Holly Hill Partial Hospitalization Program (PHP) 3020 Fallstaff Rd., Raleigh 919-250-7140	Friday 12 pm
Women’s Center of Wake County 112 Cox Ave., Raleigh 919-829-3711	Saturday at 2 pm
Triangle Springs 10901 World Trade Blvd. Raleigh 919-371-5568	Sunday, Monday, Tuesday & Friday at 8 pm

A few suggestions when taking a meeting into a facility

1. **DO** Abide carefully by all the rules of the facility. AA members are guests of the facility.
2. **DO** Limit yourself to carrying your own honest message of alcoholism recovery.
DON’T Talk about medication, psychiatry or scientific theories of alcoholism. This is territory for professionals. Our personal spiritual life does not make us experts on religion.
3. **DO** Remember that you are AA to people in that facility. Your language, appearance, manners and mood all affect other’s opinions of our Fellowship. Your behavior can make sure AA is always welcome.
DON’T Give agency personnel or patients any reason to be unhappy about AA.
4. **DO** Always maintain a cheerful humility about how AA works.
DON’T Brag about AA. Let results speak for us.

H&I Co-chairs contact information:

Matthew Smith	email: mcsmith7@ncsu.edu	Phone: 919-400-2442
Gary Taylor	email: gtbristow@gmail.com	Phone: 919-414-3509